



FRONTENAC YOUTH SERVICES

Newsletter

May 2016



MISSION VISION VALUES

Our Mission, Vision and Values have been recently updated by involvement from community partners, employees, clients and Board Members to better reflect the agency's directions and stakeholder desired outcomes.

Mission

Enhancing mental, social and emotional well-being.

Vision

To be a collaborative partner in responding to the evolving needs of children and youth and their families within the Durham community.

Values

Enhancing Strengths

Cultivate unique abilities, skills, positive attitudes and resiliency

Acting with Integrity

Support ethical and professional standards in all circumstances

Being Respectful

Think and act in a manner that shows others we care about their well-being

Promoting Advocacy

Ensure our clients have a voice by gaining access to needed supports, overcoming barriers, and having their views and wishes genuinely considered

Embracing Inclusivity

Value the unique lived experience and history of all

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Information about
our
10th ANNUAL
GOLF TOURNAMENT



OUR
3RD ANNUAL
"FRIENDS OF
FRONTENAC"
GALA



WILL BE HELD ON
FRIDAY,
SEPTEMBER 23, 2016

PLEASE CONTACT Betty
at 905-579-1551 ext. 223 or
betty@frontenacyouthservices.org
for further information.

Please see page 3 for
volunteer opportunities.



Congratulations to the team from BDO Dunwoody on being the winning team in the 7th Annual Curling “Fun” Spiel held in November 2015 and sponsored by the greater Oshawa Chamber of Commerce. We wish to extend our thanks for being the charity of your choice for this event and receiving a generous donation for our agency. Pictured left to right are: Mike Elmhurst , Clyde Catton, Victoria Agnassy, and Nigel Allen.

10TH ANNUAL GOLF TOURNAMENT

July 12, 2016

12 noon (Lunch and Registration)

ROYAL ASHBURN GOLF CLUB

Ashburn



For more information contact:

- **Frontenac Youth Services**
905-579-1551 ext 221

or

- **Chris Wellwood 905-243-1886**
chris@frontenacyouthservices.org

or

- **Scott Morgan 905-767-2941**
smorgan@sutton.com

18 holes of Golf

Power Cart

Welcome Gift

BBQ Lunch

Sit Down Dinner and Reception

Use of Practice Range and Putting Greens

All on Course Games

VOLUNTEER

Frontenac Youth Services is currently looking for individuals who want to work with our team in organizing and planning our Third Annual Fundraising Gala scheduled for September 2016. Volunteers will assist by networking with our community by acquiring sponsorships and donations for the silent and live auctions.

Are you one of many talented people willing to lend a hand in your area of expertise or interest and participate on our committee?

Contact Betty Yoshida: betty@frontenacyouthservices.org or 905-579-1551 Ext. 223

MENTAL HEALTH WEEK BBQ

Frontenac Youth Services would like to thank all our sponsors for a terrific day:

Ardene (Taralynn Peet)
AVON (Liann Trinca)
Bowmanville Zoo
Canadian Tire (Gibb St. Oshawa)
Cineplex
DQ (Debbie McKnight)
Durham College
Durham Regional Police Force
Enbridge
Kernels
Lazer Xtreme
Leisure Lanes
Mastermind Toys (Harmony and Taunton Oshawa)
McDonald's (Ritson Rd. N. Oshawa)
Metro (Rossland Rd. and Wilson, Oshawa)
Neb's Fun World
Justin's NO FRILLS (Whitby)
Nancy and Agostino's NO FRILLS (Oshawa)
Ontario Women's Anglers (Yvonne Brown)
Ontario Public Service Employees Union (OPSEU)
PK Welding and Fabrication Inc.
Police Retirees of Ontario
Real Canadian Superstores (Gibb St. Oshawa)
Reptilia
Robert René
Saje-Natural Wellness
Stan's Rentals
Trade Secrets
University of Ontario - Institute of Technology
Weston Distribution - Mississauga

Frontenac wishes to acknowledge and thank the youth who assembled the Frontenac mugs as part of a Fundraising initiative identified by the clients.

The mugs were a big hit!

Frontenac also wishes to thank Mayor John Henry for his opening remarks.



Cupcakes were supplied by Andrea and Haleigh Peet.



Durham Regional Police helped to spread the message

" Stop Bullying".

CLIENT SURVEYS

These comments are collected as part of the client exit surveys which take place when all services are finished at the agency.

What did you like about Frontenac?

- I learned to control anger and issues
- boys group helped me deal with my stress
- I was respected
- excellent support for family growth and goal setting
- workers really listened to us and knew how to help us start communicating
- open communication; a counsellor that understood family issues
- helped strengthen parenting strategies
- gave other perspective to solving problem
- very welcoming
- counsellor was excellent with whole process
- everyone was so nice and welcoming
- very respectful of client's wishes
- evening appointments, good amount of time per sessions
- safe environment for myself and my daughters to work through issues and re-connect
- excellent at listening, interpreting and communicating ideas
- very patient, empathetic and understanding of needs both parent and child
- they were able to help me achieve my goals
- service on time
- it has a lot of different programs and so much to offer

What could we improve upon?

- counselling for parents on an individual basis
- having more evenings available for families that can't do day time appointments
- wait time to start services

General Comments:

- thank you so much for all the support given to me and my kids; I will forever be grateful to everyone involved during our difficult time
- pretty cool place
- don't feel that the service will work without all family members coming to sessions

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**Canadian Centre
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Frontenac Youth Services
1160 Simcoe St. S.
Oshawa, ON L1H 5L8

905-579-1551 or 1-877-455-5527

www.frontenacyouthservices.org