



FRONTENAC YOUTH SERVICES

Enhancing mental, social and emotional well-being.

Newsletter

September 2017



11th ANNUAL GOLF TOURNAMENT

Frontenac's 11th Annual Golf Tournament was held on July 10, 2017 at Royal Ashburn Golf Club. Total fundraising profit was \$18,350. A note of appreciation goes to the volunteers who helped out on the day of the tournament and to Chris Wellwood and Scott Morgan for all their efforts in organizing this event, gathering prizes and making the day another great success for Frontenac.

Thank you to all participants. Your support allows us to expand programming for our youth providing sports memberships, monies for community groups, trips for youth in residence, and a continuation of our therapeutic riding program.

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Volunteer Opportunities
Please check out web site at:
www.frontenacyouthservices.org

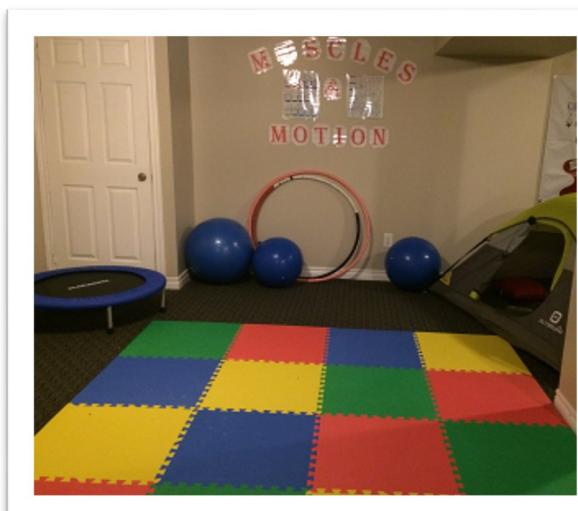
MENTAL HEALTH WEEK BBQ

Frontenac held its Annual Mental Health Week BBQ on May 3. An Art Exhibition was on display submitted by Frontenac clients to highlight "What Does Mental Health Mean to You?"



WATERSDOWN SENSORY ROOM

At the end of March, The Ministry of Child and Youth Services generously provided \$3000.00 to Watersdown Residence to create a sensory room. The sensory room was designed to contain a range of items to provide stimuli and engage the youth's senses. It supports the youth with developmental disabilities and sensory impairments. This room is crucial for the youth in developing higher self-esteem and allowing them to learn different ways to calm themselves in a safe environment. The sensory room is a unique room that can be individualized for each client. The sensory room has been a welcoming addition to the residence and has enhanced our ability to deliver high quality treatment to our clients.



CLIENT'S COMMENTS

These comments are collected as part of the client surveys which take place after all services are finished at the agency.

"Tell us what you think!"



What did you like about Frontenac?

- I liked how much I learned and how amazing and friendly my counsellor and the general staff is
- flexible times
- easy to talk to counsellor
- we felt comfortable with your worker, easy to take to
- we felt our needs were addressed without judgement
- it was helpful
- very kind, very open and accepting to my story and related to myself
- being able to talk about my problems without judgement
- staff is friendly, warm and inviting
- easy to talk to
- I felt like someone was always there for me when I needed it
- it was a friendly, safe space with professionals that care
- how everybody is nice to everybody
- that my son was able to speak totally freely and felt comfortable
- our counsellor was very good and gave a lot of helpful input
- I like how they want to help kids with mental health issues
- the staff was fantastic

What could we improve upon?

- possible wait times but in general you guys are great
- privacy in sessions, rooms are not soundproof
- group sessions for kids
- not much
- my experience was great
- I think that this service is great and nothing is needed to improve upon
- not one thing
- keep doing what you're doing
- wait lists
- the wait time to get in

General Comments:

- happy with our experience, felt our situation improved positively
- very helpful
- thanks for the support
- how my counsellor was there for me all the time
- would definitely recommend Frontenac Youth Services

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