



FRONTENAC YOUTH SERVICES

Enhancing mental, social and emotional well-being.

Newsletter

February 2018



Christmas Turkeys

Thank you to Karna Button (far right) for organizing the turkey drive this year. Our clients and their families were very appreciative of the hampers. Thank you also to Dave, Wendy and Jacob (for assisting on the Saturday in December and to staff who delivered the hampers to clients. Santa made an appearance as well!



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Volunteer Opportunities
Please check out web site at:
www.frontenacyouthservices.org

Clarington Toyota Home Team Donation



On December 21, 2017 Clarington Toyota Home Team made a generous donation of \$1,000 to our agency. Pictured left to right are: Marlene Pike (Executive Director) and staff members: (left to right) Lori (Administrative Assistant), Karna (Clinical Manager), Betty (Accountant), Althea (Counsellor) and Matt Gleed, Used Vehicle Sales Manager From Clarington Toyota.

“CREATIVITY TAKES COURAGE”

Henri Matisse



Thank you Afsaneh Shafai for coordinating the amazing art puzzle piece which the youth completed, and for being there on the November 3 to display it at the Cycle of Courage Art and Cultural Event at Gallery 67 in Oshawa. It was great to have the youth thoughts on courage too!

This was a great opportunity to cultivate unique abilities and ensure our clients have a voice!

The art piece is on display at the office and is worth a visit to the office to view the youth work!



Marlene Pike, Executive Director (left) and Afsaneh Shafai (right) proudly display the art puzzle created by Frontenac youth.



Lorne Coe, MPP for Whitby-Oshawa, gives the “thumbs up” for the art puzzle.

The Watersdown Annual Open House was a huge success this year.

Once again the Watersdown staff took on a project and excelled! Brittany Watson led the team and all team members contributed in one way or another. What a great opportunity for youth to be involved too in the programming, have a voice and demonstrate positive attitudes. The grand total raised was \$1,654.00 – our most successful year to date. These funds will go directly to youth programming at Watersdown and Sarah Dixon, Program Manager reported that they are thrilled to be able to utilize these dollars on the youth. I know that many of our community partners were very impressed with the sensory room as well that was highlighted in our last newsletter.



CLIENT'S COMMENTS

These comments are collected as part of the client surveys which take place after all services are finished at the agency.

What did you like about Frontenac?

- it was a friendly, safe space with professionals that care
- that my son was able to speak totally freely and felt comfortable
- our counsellor was very good and gave a lot of helpful input
- our counsellor was very empathetic and receptive
- I like how they want to help kids with mental health issues
- the staff are all fantastic
- it was helpful and I received a lot of good advice and ideas
- the methods that were used and the calm aura that was there
- location – easy to get to
- enjoyed reading statements, sayings and beliefs on the bulletin boards
- they listen to you, understand and really try to understand what and how you are feeling
- they encourage you to try to improve not just for yourself but for others also
- friendly and wise, I liked the toys kept on the table to fidget with
- very knowledgeable, friendly, professional
- excellent ideas
- they gave us information to help
- everyone was so nice especially – my counsellor was wonderful
- great with scheduling if needed
- very accommodating for my family

What could we improve upon?

- not one thing
- keep doing what you're doing
- the wait time to get in
- nothing that I can think of
- maybe having a bit longer sessions
- after hours availability
- wait list was long – need more “after hours” availability

General Comments:

- how my counsellor was there for me all the time
- would definitely recommend Frontenac Youth Services
- my son wanted to stop participating; wish he was willing to keep trying
- thank you to our counsellor for caring, professional ability and responsibility and suggestions
- the atmosphere and staff are very calming and understanding
- 10/10
- thanks for your patience
- counsellor was good at listening to us and getting us through issue; thank you for your help and support
- our counsellor was great; she really connected with our daughter; she was very knowledgeable and compassionate; she was key to helping our daughter through her “rough patch”

“Tell us what
you think!”



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