

FRONTENAC YOUTH SERVICES Spring Newsletter April 2015





Children's Mental Health Week May 3-9, 2015

We would like to invite You to join us for Frontenac Youth Services' Annual Mental Health Week BBQ Event <u>Wed. May 6th, 2015</u> <u>12 noon-1:30 p.m.</u> Frontenac's Main Office—1160 Simcoe St. S. Oshawa

See attached flyer for more information. If you are interested in helping out, please contact the office at 905-579-1551

"Friends of Frontenac"

Gala Night

June 19, 2015 at the Jubilee Pavilion



All funds from such events are spent directly on equipment and programming for the clients at Frontenac. Youth are provided with various experiences to enhance our mental health services. Camping equipment, sports memberships

and monies for summer programming including residential trips allow our clients to have access to opportunities which support good physical and mental health.

If you are interested in purchasing tickets or volunteering for this event, please contact Betty Yoshida at the office - 905-579-1551 ext. 223 or visit our website for tickets: www.frontenacyouthservices.org

9th ANNUAL CHARITABLE GOLF TOURNAMENT July 7, 2015 Royal Ashburn Golf Course www.frontenacyouthservices.org See "blog" for details



Mental Health BBQ	Ι	
Gala Night	Ι	
Golf Tournament	I	

Client's Comments

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Accreditation

Message

Included in this issue:

Spring is when you feel like whistling even with a shoe full of slush.

Doug Larson

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No matter how long the winter, spring is sure to follow.

Proverb

April is a promise that May is bound to keep.

Hal Borland

April hath a spirit of youth in everything.

William Shakespeare

Frontenac Youth Services 1160 Simcoe St. S. Oshawa, ON L1H 5L8 905-579-1551 1-877-455-5527

www.frontenacyouthservices.org

CLIENT'S COMMENTS

The following comments have been gathered from recent client surveys conducted after

3 sessions, 3 months of services and at closing of service:

What did you like best about Frontenac Youth Services?

- how it helped with my problems and concerns
- different services that were available

- felt like it was a safe place for me to talk about how I was feeling and it was good stress reliever for me

- everyone was so nice
- groups
- worker was a good communicator
- the one on one communications

- having someone there for me who would help me through my problems and would listen to everything; also being able to get strategies on helping conquer my anxiety

ACCREDITATION

Frontenac will have a site review for Accreditation on April 22 and 23, 2015 through the Canadian Centre for Accreditation. The CCA accredits a wide range of community-based organizations with a modular, tailored program that promotes excellence and quality.



EXECUTIVE DIRECTOR'S MESSAGE

At Frontenac Youth Services we are committed to improving mental health services as we move forward with transformation.

Our current Strategic Plan expires in 2016. The Strategic Planning Process will establish/ reaffirm: Vision, Mission, Beliefs and Strategic Directions. We have begun to gather data consulting with staff at the all staff meeting in November 2014.

The Board members and a group of staff members have formed a focus group. We will be seeking input from youth, family and stakeholder groups regarding directions and priorities.

Marlene E. Pike

Executive Director