



FRONTENAC YOUTH SERVICES

Enhancing mental, social and emotional well-being.
Newsletter
December 2019



OFFICE IS CLOSED

Tuesday, December 24
Wednesday, December 25
Thursday, December 26
Wednesday, January 1

WALK-IN CLINIC IS CLOSED

Wednesday, December 25
Friday, December 27
Wednesday, January 1

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Happy Holidays
from the staff
at
Frontenac Youth
Services

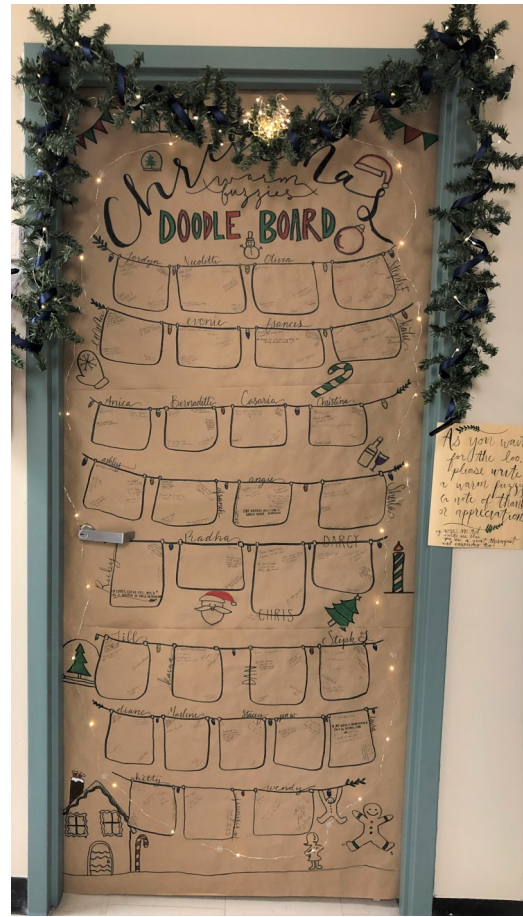
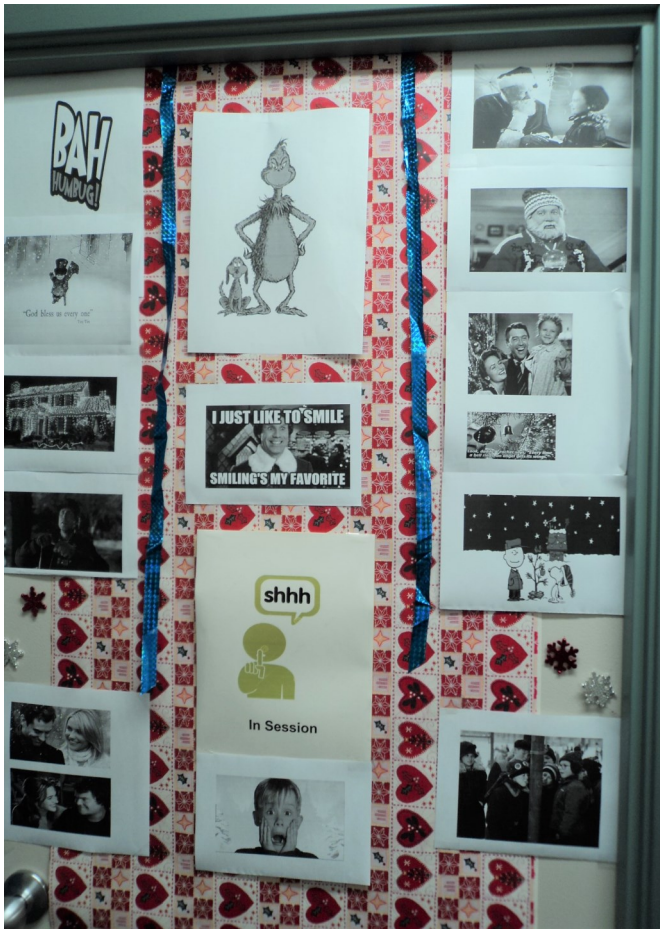


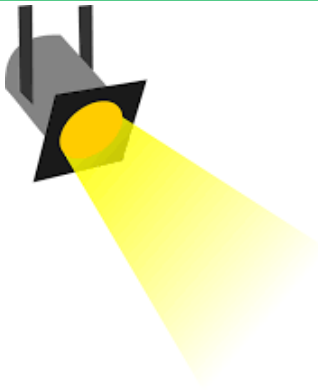
HOLIDAYS DOORS



All I want for Christmas is a puppy!







SPOTLIGHT ON DAY TREATMENT

The first semester/term has almost come to an end, and we can't believe how fast the time has flown by! The programs have had a great start this year. They have been focusing on mindfulness skills as well as tracking and achieving their program goals. We have had Scientist in The School come to visit a couple of classrooms, and many of our programs have been out in the community visiting local attractions and activities.

Everyone is looking forward to the upcoming Holiday Season and starting 2020 strong!



Watersdown Classroom



Grove Classroom

FRONTENAC YOUTH SERVICES' WALK-IN CLINICS

Offering Single Session Counselling to Adolescents 12-18 Years Old
(Family Accompaniment Welcomed)

Fridays at 9 a.m. with Last Session at 2:30 p.m.

AND

NEW

Wednesdays at 1:00 p.m. with the Last Session at 6:00 p.m.

MUST HAVE COMPLETED INTAKE
At
Central Intake Services 1-888-454-6275

PLEASE NOTE THE WALK-IN CLINICS WILL BE CLOSED:
Wednesday, December 25, 2019
Friday, December 27, 2019
Wednesday, January 1, 2020

Accredited by
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