

Section A- Policies and Procedures	
Section: Agency Overview	Policy Number: A-2
Policy: Philosophy of Treatment	Date Issued: October 1999
	Date Approved: December 2008
	Date Reviewed: June 2016 January 2018 May 2021 November 2021 June 2023 December 2025
	Next Review: December 2027

PHILOSOPHY OF TREATMENT

- Frontenac Youth Services is an accredited mental health agency committed to providing respectful, inclusive, youth and family centered services.
- Frontenac Youth Services values the lived experience of clients, identifying their strengths and resiliencies, as well as the importance of family, friends, and their community, and social, cultural and spiritual factors.
- Frontenac Youth Services’ employees use a comprehensive, multi-source approach (seeking information and participation from the youth, family, and others in their support system) to understand the needs and strengths of the youth and their family using bio-psycho-social evidence-informed assessment tools.
- Frontenac Youth Services’ employees emphasize a collaborative, culturally competent and client directed treatment approach focusing on the establishment and achievement of individual and/or familial goals.
- Frontenac Youth Services promotes the delivery of evidence based and evidence informed practices through the varying levels of support offered.
- Frontenac Youth Services is a comprehensive agency offering individual, family, group and art therapy as well as live-in treatment and day treatment programs, crisis response services, dual diagnosis support, school-based programs, and specialized consultation services.

- Frontenac Youth Services is invested in the collaboration of community partnerships for the benefit of enhancing supports to youth and their families.
- Initiatives to evaluate the effectiveness of programming have been undertaken to continue improving the outcomes for clients and to establish credibility within the community.